

Monday	Tuesday	Wednesday	Thursday	Friday
4:00-4:30 3-4yr White belt fundamentals	4:00-4:30 3-4yr White belt fundamentals	4:00-4:30 3-4yr White belt fundamentals	4:30-5:30 Yellow & Green belts Jr. Combatives 1	4:00-4:30 3-5 yr. Warriors TKD
4:30-5:00 5-6 yr. Warriors TKD	4:30-5:00 5-6 yr. Warriors TKD	4:30-5:00 5-6 yr. Warriors TKD		4:30-5:30 Jr. Combatives 1 White-Yellow
5:00-5:45 White-Yellow JR. Combatives 1	5:00-5:45 White-Yellow JR. Combatives 1	5:00-5:45 White-yellow JR. Combatives 1	5:30-6:30 Blue-Black belt Jr. Combatives 2	5:30-6:30 Green-Black JR. Combatives 2
5:45-6:30 Green-Black JR. Combatives 2	5:45-6:30 Green-Black JR. Combatives 2	5:45-6:30 Green-Black JR. Combatives 2		
	630-800 BJJ	630-730 BJJ	630-730 TKD combatives	

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Fundamentals/Warrior \$165

Jr. Combatives (TKD/BJJ/boxing) \$165

Combatives (TKD/BJJ/Self Defense) \$130

Block schedule

WK1: TKD

WK2: BJJ

WK3: Boxing

WK4: Review

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